

## HIGHFIELDS STATE SCHOOL PHYSICAL EDUCATION OVERVIEW 2024

YEAR LEVEL	TERM ONE	TERM TWO	TERM THREE	TERM FOUR
<b>PREP</b> <i>(30 mins / week)</i>	Ball skills-Lge- minor games Ball skills-Sm- minor games Skipping – Ind. and Grp act. Running games/Fun Run prac.	Athletics Ball Games/Relays HSS Athletics Carnival Days	Kanga (tee) Mini-Hockey Rooball (Mod Soccer Mini-Basketball	Gym Fun (Mod. Gym) Swimming – Learn2Swim Poison ball
<b>ONE</b> <i>(30mins / week)</i>	Ball skills-Lge- minor games Ball skills-Sm- minor games Skipping – Ind. and Grp act. Running games /Fun Run	Athletics Ball Games/Relays HSS Athletics Carnival Days	Kanga Cricket (u/arm bowl Mini-Hockey Rooball / Mod. Soccer Mini-Basketball	Gym Fun (Mod. Gym) Swimming – Learn2Swim Frisbee throwing/Golf
<b>TWO</b> <i>(30mins / week)</i>	Ball skills-Lge- minor games Ball skills-Sm- minor games Skipping – Ind. and Grp act. Running games/Fun Run	Athletics Ball games/Relays HSS Athletics Carnival Days	Newcombe Team Handball Kicking skills -minor games Mod. Soccer / AFL games	Gym Fun (Mod. Gym) Swimming – Learn2Swim Wall Ball
<b>THREE</b> <i>(30mins / week)</i>	Ball skills/Minor games Handball Skills Skipping Running Games /Fun Run	Athletics Ball games/Relays HSS Athletics Carnival Days	Ace Tennis T-ball skills / games Sofcrosse	Gym Fun (Mod. Gym) Swimming – Learn2Swim Beach Newcombe
<b>FOUR</b> <i>(30mins / week)</i>	Ball skills / Minor games Aquatics – Swim&Survive Running Games / Fun Run	Athletics/Ball games Athletics Nomination Days HSS Athletics Carnival Days	Kanga (O/arm Bowl) Touch / Oz Tag Tee Ball / Softball skills	Fitness Gym Fun (gymnastics) Ultimate Disc / Field Hockey
<b>FIVE</b> <i>(30mins / week)</i>	Ball skills / Minor games Aquatics – Swim&Survive Running Games / Fun Run	Athletics/Ball games Athletics Nomination Days HSS Athletics Carnival Days	Aussie Footy (mod.AFL) Netball (Mod.netball)	Fitness Gym Fun (gymnastics) Go Go Golf
<b>SIX</b> <i>(30mins / week)</i>	Ball skills / Minor games Aquatics – Swim&Survive Running Games / Fun Run	Athletics/Ball games Athletics Nomination Days HSS Athletics Carnival Days	Basketball Volleyball	Fitness Gym Fun (gymnastics) Modified Grid Iron (NFL)