

## 2024 INNER DOWNS PRIMARY SCHOOLS BOYS AND GIRLS CROSS COUNTRY TRIALS

Information for the Inner Downs Zone trials is as follows:

<b>DATE</b>	<b>Friday 3 May 2024</b>
<b>TIME</b>	8:45am -11:15am
<b>VENUE</b>	Highfields State School, Top Oval, Borghardtts Rd, Highfields
<b>NOMINATION FEE</b>	<b>\$8.00/\$8.80 to be paid using the Qkr! App by Friday 26th April 3pm.</b>
<b>NOMINATIONS</b>	Schools can nominate <b>up to 6 runners</b> who meet the following criteria: <b>Meet qualifying times set out below.</b>
<b>MEDICAL FORM</b>	Children must bring a medical form to the Trials. Please note the following: <b>The Department of Education Training and The Arts does not have Personal Accident Insurance for students.</b>

### Program of Events:

8:45am	Arrival of competitors
9:00am	All students walk the course
9:20am	12 year old girls 3km cross country (Qualifying time: 14:15min)
9:40am	12 year old boys 3km cross country (Qualifying time: 13:30min)
10:00am	11 year old girls 3km cross country (Qualifying time: 14:15min)
10:20am	11 year old boys 3km cross country (Qualifying time: 13:30min)
10:40am	10 year old girls 2km cross country (Qualifying time: 10:00min)
10:55am	10 year old boys 2km cross country (Qualifying time: 10:00min)
11:15am	Conclusion of trials

The 2024 Inner Downs Zone Cross Country Trials will be run on a 1km course at Highfields State School and the neighbouring Koojarewon Camp grounds. Students born 2014 will complete two laps of the course, while students born in 2013 and 2012 will complete three laps of the course. All runners will walk the 1km course prior to the trials.

### INNER DOWNS SELECTION:

The selection criteria will be strictly adhered to. Inner Downs Zone representatives will be selected to participate in Darling Downs Cross Country Championships in Toowoomba on Tuesday 14 May 2024. Up to 6 boys/girls per age group may be selected.

<b>ELIGIBILITY</b>	Boys / Girls born in 2012 or younger who have run a qualifying time at a school cross country event in 2024,	
<b>WHAT TO BRING</b>	Personal Water Bottle, appropriate footwear and Medical Form	
<b>FURTHER INFORMATION CONTACT</b>	<b>Inner Downs Convenor</b> <b>Evan Mackay</b> <b>Highfields State School</b> <b>PHONE: 46996222</b> <b>Mob.: 0427 037 277</b> <b>email: emack1@eq.edu.au</b>	<b>Students are required to bring a completed medical form to the trials.</b>

*Each district is required to send at least one teacher or member of admin to assist as an official. NOMINATIONS ARE DUE BY **FRIDAY 26<sup>th</sup> April** 2024.*

**INNER DOWNS CROSS COUNTRY  
BOYS and GIRLS born 2014 NOMINATIONS**

<b>GIRLS First Name</b>	<b>GIRLS Surname</b>	<b>D.O.B</b>	<b>School</b>	<b>Qualifying time</b>
<b>BOYS First name</b>	<b>BOYS Surname</b>	<b>D.O.B</b>	<b>School</b>	<b>Qualifying time</b>

*PLEASE ADVISE IF MEDIA CONSENT IS NOT PROVIDED TO PUBLISH STUDENT NAMES IN A PROGRAM OF EVENTS AT IDZ and DD CROSS COUNTRY TRAILS.*

**PLEASE EMAIL ALL NOMINATIONS TO EVAN MACKAY AT HIGHFIELDS STATE SCHOOL BY FRIDAY 26<sup>th</sup> April 2024 email : [emack1@eq.edu.au](mailto:emack1@eq.edu.au)**

**INNER DOWNS CROSS COUNTRY  
BOYS and GIRLS born 2013 NOMINATIONS**

<b>GIRLS First Name</b>	<b>GIRLS Surname</b>	<b>D.O.B</b>	<b>School</b>	<b>Qualifying time</b>
<b>BOYS First name</b>	<b>BOYS Surname</b>	<b>D.O.B</b>	<b>School</b>	<b>Qualifying time</b>

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**PLEASE EMAIL ALL NOMINATIONS TO EVAN MACKAY AT HIGHFIELDS STATE SCHOOL BY FRIDAY 26<sup>th</sup> April 2024. email: [emack1@eq.edu.au](mailto:emack1@eq.edu.au)**

**INNER DOWNS CROSS COUNTRY  
BOYS and GIRLS born 2012 NOMINATIONS**

<b>GIRLS First Name</b>	<b>GIRLS Surname</b>	<b>D.O.B</b>	<b>School</b>	<b>Qualifying time</b>
<b>BOYS First name</b>	<b>BOYS Surname</b>	<b>D.O.B</b>	<b>School</b>	<b>Qualifying time</b>

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