

HIGHFIELDS STATE SCHOOL PHYSICAL EDUCATION OVERVIEW 2021

YEAR LEVEL	TERM ONE	TERM TWO	TERM THREE	TERM FOUR
PREP <i>(30 mins / week)</i>	Ball skills-Lge- minor games(2) Ball skills-Sm- minor games(2) Skipping – Ind. and Grp act.(3) Running games/Fun Run prac. (3)	Athletics (7) Ball Games/Relays (2) HSS Athletics Carnival Days (1)	Kanga (tee) (3) Mini-Hockey (3) Rooball (Mod Soccer (2) Mini-Basketball(2)	Gym Fun (Mod. Gym) (3) Swimming – Learn2Swim (5) Poison ball (2)
ONE <i>(30mins / week)</i>	Ball skills-Lge- minor games (2) Ball skills-Sm- minor games (2) Skipping – Ind. and Grp act. (3) Running games /Fun Run (3)	Athletics (7) Ball Games/Relays (2) HSS Athletics Carnival Days (1)	Kanga Cricket(u/arm bowl (3) Mini-Hockey (3) Rooball / Mod. Soccer (2) Mini-Basketball(2)	Gym Fun (Mod. Gym) (3) Swimming – Learn2Swim (5) Frisbee throwing/ F-Golf (2)
TWO <i>(30mins / week)</i>	Ball skills-Lge- minor games (2) Ball skills-Sm- minor games (2) Skipping – Ind. and Grp act.(3) Running games/Fun Run (3)	Athletics (7) Ball games/Relays (2) HSS Athletics Carnival Days (1)	Newcombe (3) Team Handball (3) Kicking skills -minor games (2) Mod. Soccer / AFL games (2)	Gym Fun (Mod. Gym) (3) Swimming – Learn2Swim (5) Wall Ball (2)
THREE <i>(30mins / week)</i>	Ball skills/Minor games (2) Handball Skills (3) Skipping (2) Running Games /Fun Run (3)	Athletics (8) Ball games/Relays (2) HSS Athletics Carnival Days (1)	Ace Tennis (5) T-ball skills / games (3) Sofcrosse (2)	Gym Fun (Mod. Gym) (3) Swimming – Learn2Swim (5) Field Hockey (2)
FOUR <i>(30mins / week)</i>	Ball skills / Minor games (2) Aquatics – Swim&Survive (6) Running Games / Fun Run (2)	Athletics/Ball games (8) Athletics Nomination Days (1) HSS Athletics Carnival Days (1)	Kanga (O/arm Bowl) (4) Touch / Oz Tag (3) Tee Ball / Softball skills (3)	Fitness (5) Gym Fun (gymnastics) (3) Ultimate Disc (2)
FIVE <i>(30mins / week)</i>	Ball skills / Minor games (2) Aquatics – Swim&Survive (6) Running Games / Fun Run (2)	Athletics/Ball games (8) Athletics Nomination Days (1) HSS Athletics Carnival Days (1)	Aussie Footy (mod.AFL) (5) Netball (Mod.netball) (5)	Fitness (5) Gym Fun (gymnastics) (3) Go Go Golf (2)
SIX <i>(30mins / week)</i>	Ball skills / Minor games (2) Aquatics – Swim&Survive (6) Running Games / Fun Run (2)	Athletics (8) Athletics Nomination Days (1) HSS Athletics Carnival Days (1)	Newcombe/Volleyball (5) Basketball (5)	Fitness (5) Gym Fun (.gymnastics) (3) Modified Grid Iron (NFL) (2)
	<i>(#) = # weeks of movement / sequence or skills focus</i>	<i>(#) = # weeks of movement / sequence or skills focus</i>	<i>(#) = # weeks of movement / sequence or skills focus</i>	<i>(#) = # weeks of movement / sequence or skills focus</i>